

We have compiled the following guide to help you pick the size you need, whether it be comfort, regular or slim fit.

The measurements shown in table reflects the body and not the clothing. Therefore, you match your body with the table. The range of movement depends on what type of fit the clothing is. Most of our designs are regular to comfort fit, thus we recommend you to carefully read the table and match your body accordingly. It is possible to take a smaller size than

recommended, should you wish to transform a comfort/loose fit or regular to slim fit.

#### FIND YOUR FIT:

- Loose:** Not constricting.  
**Regular:** Classic fit with normal mobility.  
**Slim:** Closer fit showing body curves.

Should you need any help picking just the right size, we recommend contacting your local JDL Clothing dealer.

## TABLESIZE CLOTHING

### 3 SIZES

Measurement for body in cm and inch  
(measurements in inches are approximate)

	XS/S		M/L		XL/2XL	
	cm	inch	cm	inch	cm	inch
Breast	88	34.5	108	42.5	132	52
Waist	72	28.5	92	36	116	45.5
Hips	96	38	116	45.5	140	55
Shoulder width	38	15	40	15.7	42	16.5
Sleeve length	60	23.6	62	24.4	64	25.2

### 7 SIZES

Measurement for body in cm and inch  
(measurements in inches are approximate)

	XXS		XS		S		M		L		XL		XXL	
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Breast	72	28.3	80	31.5	88	34.5	96	38	108	42.5	120	47	132	52
Waist	56	22	64	25	72	28.5	80	31.5	92	36	104	41	116	45.5
Hips	80	31.5	88	34.5	96	38	104	41	116	45.5	128	50.5	140	55
Shoulder width	36	14.2	37	14.6	38	15	39	15.4	40	15.7	41	16.1	42	16.5
Sleeve length	59	23.2	59,5	23.4	60	23.6	61	24	62	24.4	63	24.8	64	25.2